

PRACTICAL MEDICINE for DIFFICULT TIMES



MONDAY, JANUARY 11, 2010

6:30 – 8:00 PM

Speaker: Dr. Dan Sisco, ND

Cost: \$13

**Location: The Movement Center,
Room D**

With universal health care quickly becoming nothing more than political rhetoric and nearly half of Oregonians without private personal health insurance, it is a great time to learn how to keep healthy within budget constraints.

In this brief time Dr. Sisco will focus on good tests at good prices, how to be prepared at clinics, and how to tell when you might need to go.

We will focus on inexpensive ways to improve your health.

We will even discuss what is in your medicine cabinet and what we could add that will help for lots of minor problems.



About Dan Sisco, ND

Dan has been practicing in the Portland area for 30 years. Delivering babies, doing house calls and helping uninsured and underinsured clients since his clinic opened in 1980. He brings

a life's worth of practical experience and a sense of good humor to this lecture and discussion.



The Movement Center
The power of spirit

Upcoming talks:

Monday, February 8: "Ayurveda – the Science of Life"

Monday, March 8: "Five Element Acupuncture"

The Movement Center, 1021 NE 33rd Ave, Portland OR 97232

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